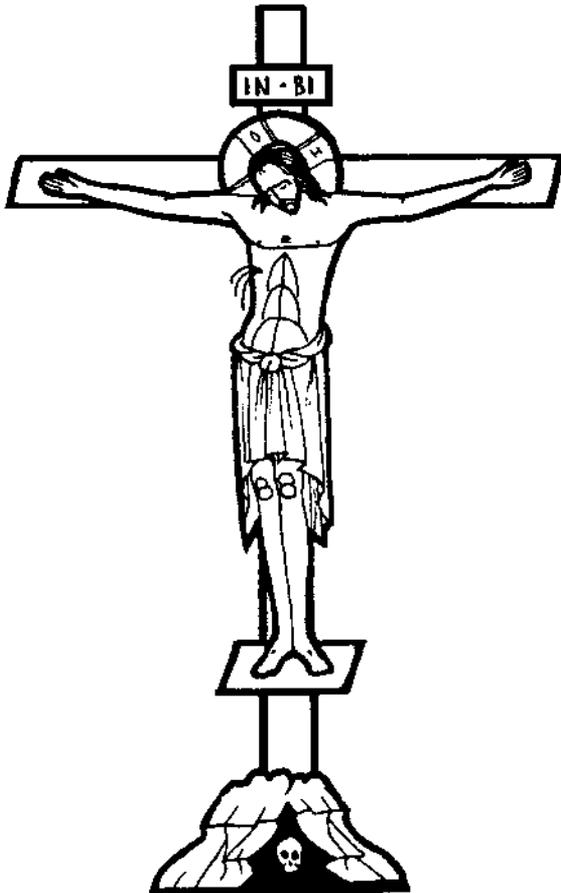


STATIONS OF THE CROSS

ROSSBURN PASTORAL DISTRICT EDITION



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Stations of the Cross

Priest: Blessed is our God, always, now and ever, and for ages of ages.

All: Amen.

Priest: Glory be to You, O God, glory be to You!

All: Heavenly King, Advocate, Spirit of Truth, Who are everywhere present and fill all things, Treasury of Blessings, Bestower of Life, come and dwell within us; cleanse us of all that defiles us, and, O Good One, save our souls.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us.
(Thrice)

Glory be to the Father, and to the Son, and to the Holy Spirit, both now and ever and for ages of ages. Amen.

Trinity most holy, have mercy on us. Cleanse us of our sins, O Lord; pardon our transgressions, O Master; look upon our weaknesses and heal them, O Holy One; for the sake of Your name.

Lord, have mercy. (Thrice)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever and for ages of ages. Amen.

Our Father Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil.

Priest: For the kingdom, the power and the glory are Yours, Father, Son and Holy Spirit, now and ever and for ages of ages.

All: Amen.

Prayer

Jesus, my Saviour, I love You above all else, with all my heart I am sorry for having offended You and I promise never to do it again. You have said, "If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me." I want to follow You through this Way of the Cross, so that I can better follow You throughout my whole life.

Look today upon the suffering,
Christ is lifted for our salvation,
Given to death by Pilate,
So that we may be brought to life.

The First Station:
Jesus is Condemned to Death

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Jesus stands silently, condemned to death. The people shout: Crucify Him! Crucify Him!" It is his great love for us and our hateful sins, that have brought this to pass. He is to die, because we are guilty. He becomes guilty on our account and is to be punished for our sins.

Prayer

O Good Jesus, scourged, condemned to the cross and a fearful death, forgive me my many offenses. It is I who should be punished, instead You are my Saviour.

Mary, stand by me on my judgement day.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

On His shoulders lay the cross,
Beaten, whipped and mistreated,
Amid the blood and amid the suffering,
The Saviour goes to die on the cross.

The Second Station:
Jesus Accepts the Cross

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Jesus takes upon Himself the heavy cross to justify us before the Father for our many sins. After all the humiliation and abuse, He takes the cross which is really our cross, for it is the thoughts, words and deeds against the will of God that weighs against His shoulder. Jesus told us, "If a man serves me, he must follow Me, where I am, my servant will be there too."

Prayer

O Jesus, I love you! I know that the way to heaven is the way of the cross. Please give me the courage and the strength to carry my crosses patiently and without complaint.

Mary, Mother most patient, intercede with God for grace to love my cross, and to recognize God's will wherever I go.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Under the cross the Saviour falls,
His burden always pressing down,
Under He falls for the first time,
That from sin we would rise and not fall.

The Third Station:
Jesus Falls the First Time

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

A great crowd of people mill about, before and behind Him. They shout and jeer and spit at Him. His weary feet drag over the uneven stone surface with great difficulty. Just a short distance from the place of condemnation, Jesus can no longer bear the weight. His scourged and beaten body can no longer carry the burden, He falls. We often feel the weight of our daily crosses, but what do we do? We complain and offend our loving God.

Prayer

O Loving Jesus! It is no wonder that You fall under the weight of the cross. On it You carry the weight of the sins of the whole world and mine. With a heavy heart I am sorry for my sins. Forgive my sins and I resolve not to repeat them. Give me, O Lord, the grace not to commit them again.

Mary, Mother of Mercy! Help me to have a true repentance.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

Upon the road, among the mob,
The Saviour meets His sorrowful Mother,
The Holy Pain of theirs seizes,
Like a sword her heart is pierced.

The Fourth Station:
Jesus Meets His Afflicted Mother

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Deserted by His apostles and disciples, Jesus struggles towards Golgotha. Who does He see standing out from the swirling crowd? His Most Blessed Mother! Their eyes meet. Her Son, beaten, bleeding, fainting under the heavy load, a sword of pain and sorrow pierces her heart. Who can understand their pain? Who is the cause of it?

Prayer

O Son of God! O Mother of my Saviour! I have caused your suffering!
With all my heart, I am sorry! Forgive me! I will sin no more!

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

The Cyrenian approaches,
The cross he helps to carry,
Do you wish to live in heaven?
Joyfully carry your cross with Him.

The Fifth Station:
Simon of Cyrene Helps Jesus Carry the Cross

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Jesus struggles until He can no more. He stops. His arms and legs have lost all strength. He can go no further. That is why they force Simon from Cyrene to carry the cross. Blessed are you, Simon, that you help Jesus carry His cross, and so can I if I carry my crosses willingly and follow after Jesus.

Prayer

Jesus enlighten me with Your grace so that I come to You longingly carrying my crosses.

Mary our refuge! Aid me to be sensitive to the misfortune and hurt of others, and quick to help them.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

Veronica comes with love in haste,
To give her linen cloth to Jesus,
She wipes His face of pain,
And the image on the cloth remains.

The Sixth Station:
Veronica Wipes the Face of Jesus

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

As Jesus walks along the road of torture and humiliation, He recognizes many among whom He had preached and taught about His Father. In the insanity of the mob, they are helpless and filled with great sorrow to see Him suffering so. One woman, Veronica, realizing the pain that Jesus is suffering, steps out of the crowd and gently wipes the face of Jesus. Veronica doesn't think of herself and what the others might think of her, of all the people only she has the courage to help Jesus.

Prayer

Jesus, let the image of Your suffering face remain always before me, especially during the time of temptation.

Mary, Mother Most Sorrowful! Assist me to always remember the image of your pain-filled Son.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Jesus already a second time falls,
Fresh wounds begin to appear,
Our Saviour in that moment suffers,
For my future offenses.

The Seventh Station:
Jesus Falls the Second Time

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Unable to continue, completely drained of strength, Jesus falls a second time. The words of Psalm 22 are fulfilled, “Here am I, now more worm than man, scorn of mankind, jest of the people, all who see me jeer at me, they toss their head and sneer.” Each time He falls, the soldiers force the cross upon Him again. Out of love for us, He rises and goes on.

Prayer

O my soul, look at the fallen Christ and proclaim: Jesus, it is my sins of pride, greed and lust that have fallen You. I am overcome with remorse to have contributed so to Your suffering.

Mary Mother of God, help me to make a true act of contrition and a firm purpose of amendment.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

The godly women were crying,
For they saw the terrible suffering,
“Do not weep for My suffering,
Rather weep for you and your children.”

The Eighth Station:
Jesus Speaks to the Women of Jerusalem

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Even in His agony, Jesus is concerned about Jerusalem and the people He loved so much. He warns the ‘Daughters of Jerusalem’ of the impending disaster. We recall, “As He drew near and came in sight of the city He shed tears over it and said, ‘If you in your turn had only understood on this day the message of peace! But alas, it is hidden from your eyes! Yes a time is coming when your enemies will raise fortifications all around you; they will dash you and the other children inside your walls to the ground; they will leave you — and all because you did not recognize your opportunity when God offered it!’” All this came to pass in the year 70 A.D.

Prayer

Jesus it is I who should cry on account of my sins, and the sins of our people. Touch us with Your grace that our hearts repent our many shortcomings and falls from grace.

Mother! Refuge of sinners! Guide me to the reward merited by the Precious Blood of your Son, my Saviour!

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Under the cross there are many wounds,
Caused by our many sins,
A third time Christ falls beneath it,
And currents of blood begin to flow.

The Ninth Station:

Jesus Falls the Third Time

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Within sight of the place of execution, Jesus falls a third time. This is the most painful fall. He lies unconscious, bleeding on the ground. Instead of sympathy, He receives blows and insults, untill He rises again.

Prayer

O Most Powerful, Eternal God! I, in my blindness have fallen so often into sin, and have added to Your pain and suffering. I humble myself at Your feet and beg: aid me to have a firm purpose of amendment never to disgrace myself with the ugliness of sin.

Mary, Mother Protectress! Extend to me your healing hand.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

He whom the earth did attire,
The heavens with stars did cover,
Today is stripped of His garments,
Because of our many sins.

The Tenth Station:
Jesus is Stripped of His Garments

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Oh what shame! The humiliation and what hurt when they tore off His garments that stuck to His wounds. Naked, with only the crown of thorns on His head, He stands before the jeering mob. They took all He had, but they cannot take His love.

Prayer

O Jesus! Source of all Goodness! It is sinful immorality, our tolerance of it and even our participation in it that have caused You this shame. Help us to overcome this flood of filth.

Mary! Virgin Most Pure! Be a beacon of modesty in our immodest world.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Bitter gall our Saviour is given,
And on the cross they nail Him,
Hands and feet are pierced terribly,
And on the high cross they raise Him.

The Eleventh Station:
Jesus is Nailed to the Cross

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

Jesus is stretched out upon the cross. His hands and feet are nailed to the cross. The pain is excruciating. His body quivers in anguish. In that anguish, He calls to the Father, "Father forgive them; they do not know what they are doing." He forgives His executioners.

Prayer

O Jesus, crucified! It is my sins that have nailed You to the cross. Fixed to the cross, you are lifted up so that I can be free of the tyranny of evil. How can I thank You? I will renounce sin and become Your servant.

Mary, Mother of the Suffering Christ! Intercede for me, that my iniquities be cleansed from my soul by the Blood of your suffering Son.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

The bright sun is clothed in darkness,
The sky with sorrow afflicted,
This is Christ God, in terrible suffering,
Freely dying for us upon the cross.

The Twelfth Station:
Jesus Dies on the Cross

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

In terrible agony Jesus looks upon the two people closest to His heart: His mother and the disciple He loved. “Woman, this is your son— this is your mother!” With these words He passes on the motherhood of Mary to us all. Now I am her child. In darkness and earthquake and awesome occurrences, Jesus dies, causing the centurion to say, “In truth this was a Son of God.”

Prayer

Jesus, Lamb of God sacrificed! You remember me from You sacrificial tree. You give me a wonderous gift: Your blessed mother. I will always be thankful for Your forgiveness and in return I will forgive all who have wronged me.

Mother, accept me as your child and be with me at the hour of my death.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

From the cross He is taken down,
And the plashchenytsia, wrapped around,
The Mother of God presses dearly,
To her side the body of her Son.

The Thirteenth Station:

Jesus is Taken Down from the Cross

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

The body of Jesus is taken down from the cross. Mary holds the body of Jesus to her broken heart. The pain in her heart is written in her tear filled eyes.

Prayer

O Jesus, I know that I have caused this!

O most dear Mother, beneath the cross you accepted me as your child, and with Christ you forgave me. I will never sadden you again with my sins—be with me throughout my life and at the hour of my death.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Претерпівий за нас страсти, Ісусе Христе,
Сину Божий, помилуй нас!

In a new tomb already sleeps,
The Saviour's most holy body,
Already a stone covers the grave,
And Pilate sends soldiers to guard there.

The Fourteenth Station:
Jesus is Laid in the Tomb

Glory To Your Passion, O Lord! Glory to Your longsuffering, O Lord!

A great sadness came over John the apostle Jesus loved, Joseph of Arimathea, Nicodemus and the pious women when they placed the body of Jesus into the tomb, the greatest sadness was in Mary's heart.

Prayer

Precious Jesus! At Your grave I fall on my knees and with a guilty heart I call to You as did the thief on the cross, "Remember me when You come into Your kingdom!"

Mary, Mother of God and mine, aid me to always receive the most precious Body and Blood of Your Son in the Eucharist with a pure and grateful heart.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Who among us would not do penance,
Having seen the grave of Jesus,
Flowing tears, and sorrow strengthened,
Washing our soul from many sins.

Prayer

Jesus Christ, my Saviour and my God! During this way of the cross, I have come to know Your never-ending love and mercy for us sinners. Your suffering and death have justified me before Your Heavenly Father. You have presented me guiltless before God. How can I thank You? Words are not enough to thank You. Accept at least, O Lord, the way of the cross that I have walked spiritually. Permit me to remember always the love, the sorrow and the thanks that I have felt during this journey to the cross. May they guide me to my eternal salvation. If I have gained any merit, may it be for the benefit of the souls in purgatory.

Mary, Mother of God and my mother! Take me under your care. Amen.

Our Father.

Hail Mary.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
now and for ever and ever. Amen.*

Having suffered the Passion for us, O Christ Jesus,
Son of God, have mercy on us!

Priest: Wisdom!

All: More honourable than the cherubim, and by far more glorious than the seraphim. Ever a virgin, you gave birth to God the Word. O true Mother of God, we magnify you!

Priest: Glory be to You, O Christ, our God, glory be to You!

All: Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen. Lord, have mercy. (Thrice) Give the blessing!

Priest: May Christ, our true God, Who for the salvation of the world endured death on a cross, through the intercession of His most pure Mother, of the Holy glorious and praiseworthy Apostles, our venerable and God-bearing Fathers, and all the Saints have mercy on us and save us, for He is good and loves mankind.

All: Amen.

Having suffered, the Passion for us, O Christ Jesus,
Son of God, have mercy, have mercy, have mercy on us!

Prayer of Saint Ephraim

O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust of power, and idle chatter.
(Prostration)

Instead, grant to me, Your servant, the spirit of wholeness of being, humble-mindedness, patience, and love. **(Prostration)**

O Lord and King, grant me the grace to be aware of my sins and not to judge my brothers and sisters, for You are blessed, now and for ever and ever. Amen. **(Prostration)**



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